

Fruity Flapjack

INGREDIENTS: Porridge OATS (100% Wholegrain OAT Flakes), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin , mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Golden Syrup (partially Inverted refiners Syrup), Sultanas (Sultanas, Sunflower oil).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Classic Shortbread

INGREDIENTS: Plain Flour (Fortified WHEAT Flour - (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine)), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin , mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Sugar (White sugar), Salt (Salt, Anti-Caking Agent: E535).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Chocolate Cookie

INGREDIENTS: Plain Flour (Fortified WHEAT Flour - (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine)), Sugar (White sugar), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin , mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Golden Syrup (partially Inverted refiners Syrup), Cocoa Powder (Fat Reduced Cocoa Powder, (Contains Cocoa Butter 10% Minimum)), Baking Powder (Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Maize Starch).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Freshly Baked Croissant

INGREDIENTS: Croissant (WHEAT Flour, Water, Butter (MILK) 21%, Sugar, Durum WHEAT Semolina, Yeast, WHEAT Gluten, Salt, EGGS, WHEAT Sourdough (Water, Fermented WHEAT Flour), Flour Treatment Agent (Ascorbic Acid), Enzyme (Xylanase)).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Homemade Flapjack

INGREDIENTS: Porridge Oats (100% Wholegrain OAT Flakes), Sugar (White sugar), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin , mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Golden Syrup (partially Inverted refiners Syrup).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Baked Blueberry Muffins

INGREDIENTS: Muffin Mix (WHEAT Flour (With Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Rapeseed), Dried Whole EGG, WHEAT Starch, Whey Powder (MILK), Raising Agents (Disodium Diphosphate, Potassium Bicarbonate, Sodium Bicarbonate), Dried EGG White, Modified Starch , Emulsifiers (Mono- And Diglycerides Of Fatty Acids, Sodium Stearoyl-2-Lactylate), Stabiliser (Xanthan Gum), Flavouring), Water, Vegetable Oil (Refined Rapeseed Oil, Anti-Foaming Agent: Dimethyl Polysiloxane), Blueberries (Blueberries, quick-frozen).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Chocolate Muffin

INGREDIENTS: Chocolate Muffin Mix (Sugar, WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Vegetable Oil (Rapeseed), Cocoa Powder (6%), Dried Whole EGG, Raising agents (Dicalcium Phosphate, Sodium Bicarbonate , Disodium Diphosphate, Potassium Bicarbonate), WHEAT Starch, Whey Powder (MILK), Dried EGG White, Fat Reduced Cocoa Powder, Modified Starch , Emulsifiers (Mono- and diglycerides of fatty acids, Sodium stearoyl-2-lactylate), Flavouring, Stabiliser (Xanthan Gum), WHEAT Gluten), Water, Vegetable Oil (Refined Rapeseed Oil, Anti-Foaming Agent: Dimethyl Polysiloxane).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Lemon & Courgette Cake

INGREDIENTS: Lion Brand Free Range Medium Eggs Ev Fav 180 (Hens EGGS), Self Raising Flour (Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Raising Agents: Monocalcium Phosphate, Sodium Bicarbonate), Sugar (White sugar), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin , mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Icing Sugar (Icing Sugar (97%), maize starch), Green (Courgette), Fruit (Lemon), Baking Powder (Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Maize Starch).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Pain au Chocolat

INGREDIENTS: Pain Au Chocolat (WHEAT flour, Water, Margarine (Non-Hydrogenated Palm and Sunflower Vegetable Oils, Water, Salt, Concentrated Lemon Juice, Natural Flavouring), Chocolate 9.5% (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (SOYA Lecithin), Sugar, WHEAT Gluten, Yeast, EGGS, Salt, Flour Treatment Agent (Ascorbic Acid), Enzymes (xylanase, alpha amylase, cellulase)).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Chocolate & Beetroot Brownie

INGREDIENTS: Sugar (White sugar), Lion Brand Free Range Medium Eggs Ev Fav 180 (Hens EGGS), Cocoa Powder (Fat Reduced Cocoa Powder, (Contains Cocoa Butter 10% Minimum)), Vegetable Oil (Refined Rapeseed Oil, Anti-Foaming Agent: Dimethyl Polysiloxane), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin , mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Self Raising Flour (Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Raising Agents: Monocalcium Phosphate, Sodium Bicarbonate), Cooked (Beetroot).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Classic Jam Doughnut

INGREDIENTS: Jam Doughnut (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Apple & Raspberry Jam (16%) (Glucose-Fructose Syrup, Apple Purée, Sugar, Raspberry Purée, Colour: Anthocyanin; Acidity Regulators: Citric Acid, Sodium Citrate; Gelling Agent: Pectin; Flavouring), Palm Oil, Dextrose, Rapeseed Oil, Sugar, Raising Agents: Potassium Hydrogen Carbonate, Disodium Diphosphate, Monocalcium Phosphate; WHEAT GLUTEN, Yeast, Emulsifiers: Sodium Stearoyl-2-Lactylate, Mono- And Diglycerides Of Fatty Acids; Potassium Chloride, Cornflour, SOYA Flour, Salt, Stabiliser: Carboxymethyl Cellulose; Flour Treatment Agent: Ascorbic Acid).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Chocolate Shortbread Biscuit

INGREDIENTS: Plain Flour (Fortified WHEAT Flour - (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine)), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin , mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Sugar (White sugar), Cocoa Powder (Fat Reduced Cocoa Powder, (Contains Cocoa Butter 10% Minimum)), Salt (Salt, Anti-Caking Agent: E535).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Chocolate Crunch

INGREDIENTS: Plain Flour (Fortified WHEAT Flour - (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine)), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin , mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Sugar (White sugar), Lion Brand Free Range Medium Eggs Ev Fav 180 (Hens EGGS), Cocoa Powder (Fat Reduced Cocoa Powder, (Contains Cocoa Butter 10% Minimum)), Baking Powder (Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Maize Starch).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Vegan Lemon Drizzle Sponge

INGREDIENTS: Self Raising Flour (Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Raising Agents: Monocalcium Phosphate, Sodium Bicarbonate), Water, Sugar (White sugar), Vegetable Oil (Refined Rapeseed Oil, Anti-Foaming Agent: Dimethyl Polysiloxane), Fruit (Lemon), Sugar (White sugar), Vanilla Flavouring (Water, Propylene Glycol, Colour: Plain Caramel; Flavourings), Baking Powder (Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Maize Starch).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Iced Tottenham Cake

INGREDIENTS: Lion Brand Free Range Medium Eggs Ev Fav 180 (Hens EGGS), Icing Sugar (Icing Sugar (97%), maize starch), Self Raising Flour (Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Raising Agents: Monocalcium Phosphate, Sodium Bicarbonate), Sugar (White sugar), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin , mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Baking Powder (Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Maize Starch), Vanilla Flavouring (Water, Propylene Glycol, Colour: Plain Caramel; Flavourings).

Allergy advice: For allergens, see ingredients in UPPERCASE.